

## Consciousness Contents

### Section One: The Problem

1 What's the problem?; 2 What is it like to be...?; 3 What does consciousness do?

### Section Two: The World

4 Attention and timing; 5 The theatre of the mind; 6 What grand illusion

### Section Three: The Self

7 Egos, bundles and multiple selves; 8 Theories of self; 9 Agency and free will

### Section Four: Evolution

10 The evolution of consciousness; 11 The function of consciousness; 12 Animal minds

### Section Five: Artificial Consciousness

13 Minds and machines; 14 Could a machine be conscious? 15 How to build a conscious machine

### Section Six: The Brain

16 The neural correlates of consciousness; 17 The unity of consciousness; 18 Damaged brains

### Section Seven: Borderlands

19 Unconscious processing; 20 The paranormal; 21 Reality and imagination

### Section Eight: Altered States

22 Drugs and altered states; 23 Sleep, dreams and hypnotic states; 24 Exceptional human experience

### Section Nine: First Person Approaches

25 The view from within; 26 Meditation and mindfulness; 27 Buddhism and consciousness

*'When we understand consciousness...consciousness will be different'*

Daniel Dennett

## Order Form

Please request an inspection copy direct using this form.  
Books can also be purchased direct using this form.

### How to Order

By Phone: +44 (0) 1235 827 720

By Fax: +44 (0) 207 873 6299

e-mail: [academic.marketing@hodder.co.uk](mailto:academic.marketing@hodder.co.uk)

By Post: Tertiary Marketing Department, Hodder Arnold,  
338 Euston Road, NW1 3BH, UK

When ordering by phone or e-mail please quote your customer reference number shown on the bottom right hand corner of this page

I would like to order an inspection copy of Consciousness

0-340-80909-4

I would like to purchase \_\_\_ copies of Consciousness

0-340-80909-4

Postage: Postage and packing is free in the UK

Overseas: Please add £5.00 for the 1st item and £2.50 for each additional item up to £15.00. There is no postage charge for the delivery of inspection copies.

Please allow 28 days for delivery for published titles.

Forthcoming titles will be delivered on publication. Prices and publication dates are correct at time of printing, but are subject to change.

Please send me a complimentary copy of the Hodder Arnold Psychology Catalogue

#### Our inspection copy policy

Books can be sent on 28 days inspection to lecturers teaching relevant courses. If you adopt a book and expect 15 or more students to purchase a copy, you may keep that book free of charge. Alternatively you may purchase the book(s) for personal use, or return them in mint condition.

Hodder & Stoughton

[www.hodderheadline.co.uk](http://www.hodderheadline.co.uk)

I enclose a cheque for £ \_\_\_\_\_ payable to Bookpoint Ltd  
(cheques must be drawn on a UK bank)

Please charge my credit/debit card: \_\_\_\_\_

CARD NO: \_\_\_\_\_

EXPIRY DATE: \_\_\_\_\_ ISSUE NUMBER (DEBIT CARDS ONLY): \_\_\_\_\_

SIGNATURE \_\_\_\_\_

(your signature is essential when paying by credit card)

VAT REGISTRATION NO. \_\_\_\_\_

(for customers who are registered for VAT in EU countries)

### DELIVERY ADDRESS

NAME \_\_\_\_\_

DEPARTMENT \_\_\_\_\_

INSTITUTION \_\_\_\_\_

ADDRESS \_\_\_\_\_

POSTCODE/AREA CODE \_\_\_\_\_

COUNTRY \_\_\_\_\_

TELEPHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

I would like to receive more information about Hodder Arnold psychology titles by e-mail.

If the registered address of the cardholder differs from delivery address, please also supply the registered address below:

ADDRESS \_\_\_\_\_

POSTCODE/AREA CODE \_\_\_\_\_

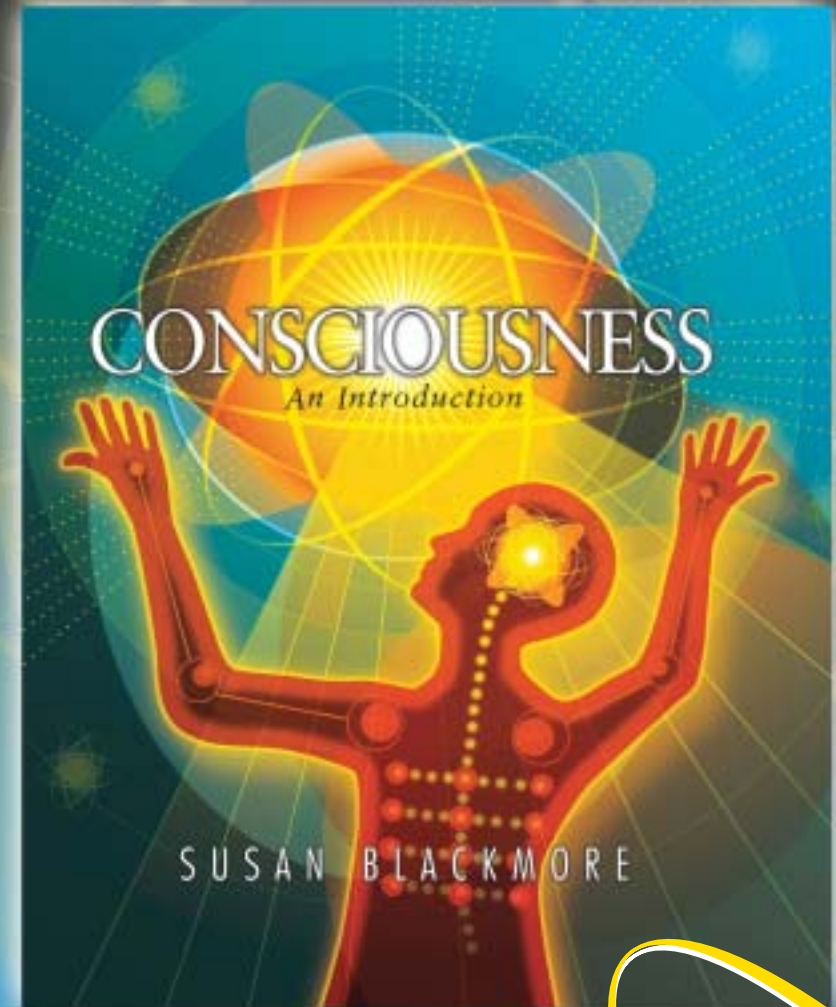
COUNTRY \_\_\_\_\_

300423 1234

Hodder & Stoughton

“Warning - studying  
consciousness will change your life”

SUSAN BLACKMORE



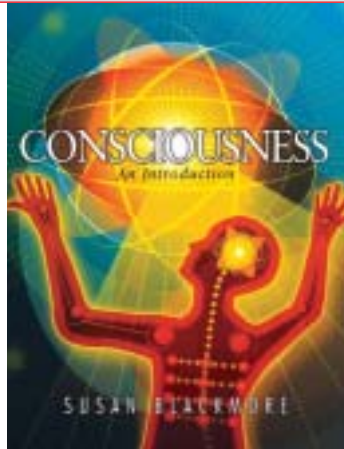
“This is an extremely good and valuable book”  
Alva Noë, Department of Philosophy, University of California, Santa Cruz

"The writing is very smooth, entertaining and engaging.  
An excellent characteristic when dealing with so abstract a topic"

David Goodworth, Department of Psychology, State University  
of New York College at Fredonia

The great chain of being v tree of life.

In the popular idea of a "great chain of being", evolution proceeds through a line of ever improving creatures to culminate in the most perfect and intelligent of them all - man. The reality is more like a branching tree, or a great bush, in which humans are on one twig of the primate branch. On this view, all the creatures alive today are successfully adapted to their niche, and none is necessarily "more evolved" than the rest.



## CONSCIOUSNESS

*An Introduction*

SUSAN BLACKMORE

*Is there a theory that explains  
the essence of consciousness?  
Or is consciousness  
itself just an illusion?*

The 'last great mystery of science', consciousness is a topic that was banned from serious research for most of the last century, but is now an area of increasing popular interest, as well as a rapidly expanding area of study for students of psychology, philosophy and neuroscience.

This ground-breaking new textbook by best-selling author Susan Blackmore is the first of its kind to bring together all the major theories of consciousness studies, from those based on neuroscience to those based on quantum theory or Eastern philosophy, in a format specifically designed to support structured learning.

The book examines topics such as how subjective experiences arise from objective brain processes, the basic neuroscience of consciousness, altered states of consciousness, out of body and near death experiences, and drugs, dreams and meditation. It also explores the nature of self, the possibility of artificial consciousness in robots, and the question of whether animals are conscious.

All topics are supported not only by self-assessment questions and selected further reading suggestions at the end of each chapter but by practical exercises that help bring the subject to life, and could radically transform each reader's understanding of their own consciousness.

0-340-80909-4 • June 2003 • £19.99  
Paperback 544pp • Hodder & Stoughton

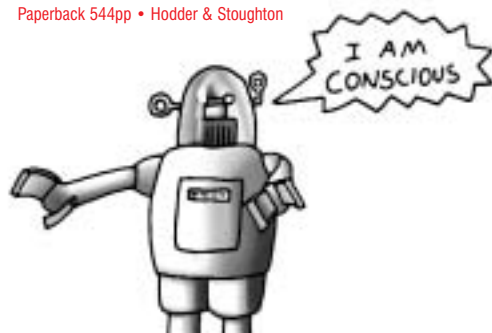
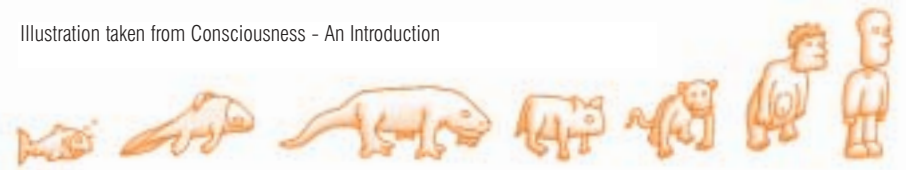


Illustration taken from Consciousness - An Introduction



### Approach...

*Consciousness* covers all the major approaches in consciousness studies, including psychology, philosophy, artificial intelligence, cognitive science, neuroscience, first-person methods and spiritual approaches. Overall the emphasis is on a science of consciousness based on empirical findings and testable theories.

### Organisation...

*Consciousness* is divided into nine relatively independent sections containing three chapters each – each section may be used as the topic of a lecture or several lectures, or may be read independently as an overview of the area. However all of them depend on the ideas outlined in Section One, on the nature of the problem. This adaptable and flexible approach provides an ideal resource for structured learning.

### Structured learning...

Each chapter contains a core text, with profiles of selected authors, explanations of key concepts, exercises to do and questions to test your understanding. There are also suggestions for exercises and discussions that can be done in groups. At the end of each chapter is a list of suggested readings ideal for seminars and discussions.

*"I am especially impressed with the additional material added to the end of each chapter"* Pete Mandik Department of Philosophy, William Paterson University of New Jersey

### About Susan Blackmore

After gaining one of the first PhDs in parapsychology in Britain, Sue Blackmore became increasingly sceptical of all paranormal claims and eventually abandoned the subject.

For 10 years she was a lecturer in psychology at the University of the West of England, Bristol, and taught consciousness courses both there and at the University of Bristol. She has written an autobiography, as well as books on out-of-body and near death experiences, and her controversial bestseller *The Meme Machine* (OUP, 1999) has been translated into ten languages.